THIS WEEKEND - Cadet & Junior Freestyle/Greco-Roman State Championships

Cadet & Junior Greco-Roman and Freestyle State Championships Qualifiers for the Virginia National Teams on Saturday, April 25 and Sunday, April 26 at Deep Run High School (4801 Twin Hickory Road, Glen Allen, VA 23059). You must have a USA Wrestling Card which can be purchased here: <u>https://www.usawmembership.com/</u> Pre-registration for the Cadet & Junior Freestyle/Greco-Roman State Championships

- Saturday, April 25 Meet at Chantilly at 7AM. Weigh-In at Deep Run High School at 10AM. Wrestle at 12PM
- Sunday, April 26 Meet at Chantilly at 6:30AM. Weigh-In at Deep Run High School at 9AM. Wrestle at 11AM

Schedule this Week

- Monday, April 20 Practice at Chantilly from 2:20PM to 4PM with an optional lift from 4PM to 5PM
- **Tuesday, April 21** Lift from 2:20PM to 3:30PM then Patriot Elite Wrestling Club will be conducting a free clinic at Westfield from 5PM to 6:30PM
- Wednesday, April 22 Practice at Chantilly from 2:20PM to 4PM with an optional lift from 4PM to 5PM
- Thursday, April 23 Practice at Chantilly from 2:20PM to 4PM with an optional lift from 4PM to 5PM
- Friday, April 24 Practice at Chantilly from 2:20PM to 4PM
- Saturday, April 25 Cadet & Junior Greco-Roman State Championships at Deep Run High School. Weigh-In at 10AM. Wrestle at 12PM. <u>Pre-Registration</u>
- Sunday, April 26 Cadet & Junior Freestyle State Championships at Deep Run High School. Weigh-In at 9AM. Wrestle at 11AM. <u>Pre-Registration</u>

Chantilly Team Wrestling Camp at Jeff Jordan

Chantilly Wrestling will be attending team camp at Jeff Jordan's State Champ Wrestling Camp in Urbana, Ohio from Sunday, June 28 through Thursday, July 2. The total cost is \$460 per wrestler. The cost includes a charter bus. I realize this is an expensive camp. Please let me know if a wrestler needs help raising money. I encourage all wrestlers to start saving money now! This is a TEAM CAMP so it's important all Chantilly wrestlers attend! A \$100 DEPOSIT is due by Friday, May 1st along with the <u>MEDICAL WAIVER</u> and a copy of the front and back your insurance card.

Virginia Tech Wrestling Commuter Camp at Chantilly

Chantilly High School Wrestling will be hosting the Virginia Tech Wrestling's Northern Virginia Commuter Camp on Monday, June 22 through Thursday, June 25. The cost is \$150 and you must sign up through this link: <u>http://www.kdressercamps.com/</u> Look for the NOVA Commuter Camp link.

Upcoming Virginia Events

April and May is a HUGE month for the Virginia Wrestling Freestyle/Greco season. Please make plans to compete!

- Saturday, April 25 and Sunday, April 26 VAWA Virginia Freestyle/Greco State Tournament (Team VA Qualifier) at Deep Run H.S. in Richmond, VA (<u>Tournament Flyer</u> and <u>Online Registration</u>)
- Saturday, May 2 and Sunday, May 3 USA Northeast Regionals Freestyle/Greco Tournament in East Stroudsburg, Pennsylvania (<u>Tournament Information and Registration</u>)
- Saturday, May 9 VAWA King of the Rock Freestyle/Folkstyle at Rock Ridge H.S. in Loudoun County (<u>Tournament Flyer</u>)
- 4. Saturday, May 16 Team Event: Dulles Mat Club at VAWA Freestyle Club Dual Championships at the Arthur Ashe Center in Richmond, Virginia. (Tournament Flyer)

Patriot Elite Wrestling Club

I highly recommend Patriot Elite! This is a growing club with new management and coaches. Many state-placers are attending these practices along with GMU wrestlers. Patriot Elite practices will be on Sundays from 4PM to 5:30PM and on Mondays and Wednesdays from 7PM to 8:30PM. Practices are held at George Mason University Field House Athletic Complex (4501 University Drive, Fairfax, VA 22030). Cost is \$75 per month. Initiation Fee of \$40 each includes USA Card + t--shirt. If you have a current USA Card the fee is only \$5 and you still get the t-shirt! There are team discounts offered for the monthly dues, (\$5/month discount with 5 teammates from a HS team, \$10/month discount with 10 teammates form a HS). Patriot Elite Wrestling Club Flyer. Please contact Tom Carr, PEWC Head Coach at tcarr11@gmu.edu